

## Programs



### ABYANGAM + SWEDHANAM

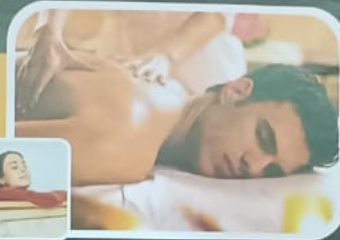
This is the traditional Kerala Ayurvedic Massage. It gives inside in healing of your body

DURATION - 60 MIN      RS:1600/-

### MASSAGE WITH BODY SCRUB AND STEAM

Complete body beauty packages

DURATION - 70 MIN      RS:1800/-



### SIRODHARA

Head and Face Massage with Sirodhara

DURATION - 50 MIN      RS:1600/-



### KIZHI THERAPY (BUNDLE)

Neck and back massage with kizhi therapy

DURATION - 50 MIN      RS:1400/-



## Combo Package



### ABYANGAM + KIZHI THERAPY + STEAM

DURATION - 80 MIN      RS:2600/-

*For couples : 4800/-*



### ABYANGAM + SIRODHARA + STEAM

DURATION - 90 MIN      RS:2800/-

*For couples : 5000/-*

## Samburna Karma (Full Package)



### MASSAGE + KIZHI THERAPY + SIRODHARA + STEAM

DURATION - 120 MIN      Rs : 3500/-

### Nila Special Beauty Package

FULL BODY MASSAGE WITH CREAM + BODY SCRUB + STEAM

DURATION - 70 MIN

RS:2000/-

FULL BODY MASSAGE + BODY SCRUB WITH FACIAL + STEAM

DURATION - 120 MIN

RS:3800/-



### HERBAL FACIAL

DURATION - 45 MIN

RS:1600/-

### HEAD & SHOULDER MASSAGE

DURATION - 30 MIN

RS:800/-

### NECK & SHOULDER BACK MASSAGE

DURATION - 30 MIN

RS:1000/-

### FOOT MASSAGE

DURATION - 30 MIN

RS:800/-

### KID MASSAGE

DURATION - 25 MIN

RS:800/-

*Supervised by experience Ayurvedic Doctors*